

# THE GREAT AMERICAN BACON RACE

## AMERICAS BEST TASTING 5K



INFORMATION/PARTICIPANT GUIDE  
TAMPA, FL. AUGUST 31ST 2024

# WHEN & WHERE & WHAT

## Date and Time

- Saturday August 31st 2024
- Registration opens at 6:30 AM
- Main 5k starts at 8:00 AM
- Kid Bacon Dash starts around 9:00 AM
- Awards 9:15 AM (approx based on Age Group Finishers/Kids heat)
- The Bacon Mile Challenge 9:30 AM

## Location

Al Lopez Park  
4810 Himes Ave  
Tampa, FL 33614

[Google Maps](#)

## When to Arrive

We recommend that you arrive at least one hour before your wave time. Remember that you will have to park, pick up your packet, attach your bib and timing chip, and then make your way to the starting line.

**Parking** - We Advise Carpooling: Parking is inside AL Lopez Park and is plentiful. Please make sure to arrive early; the Police will close the Park roads 5 minutes prior to the start of the event. **WE RECOMMEND ARRIVING EARLY**

## What You Need to Bring

- If you went to the [Pre-Race Packet Pick Up](#), bring your bib (timing chip is on the bib), pins, etc.
- Photo ID/Your registration information
- Sunscreen and maybe even a hat,
- A LOVE OF BACON!

## Race Day Registration

Race day registrations will be available on site.

## Weather/Safety Considerations

**Even at 8am it's going to be HOT!!! Please start to think about hydration days before the race.**

Plenty of fluids, mix that with electrolytes to set you up for race morning. so please hydrate, sunscreen, and use common sense please.

We may get a little rain overnight and/or in the morning. We have very strict safety protocols in place for lightning in the area. Safety is our number one priority.

## Award Ceremony

The awards ceremony will take place between 09:00 and 09:30 AM beside the start line. Please note that to receive an award, you **must** be present during the awards ceremony. Awards will not be mailed post-race.

## Your Free T-shirt Ticket - Don't Lose It!

We want you to receive your hard earned t-shirt. Each participant will have a t-shirt ticket attached to their bib. If you lose it, you will not be able to redeem your free t-shirt. T-shirts can be redeemed @ the registration desks before or after the race, or in advance at the [Pre-Race Packet Pick Up](#) (full details on next page.)

# PRE-RACE PACKET PICK UP

Brought to you by ...



Conveniently located in International Plaza on Westshore Boulevard, our Fit2Run Tampa super store stocks a huge inventory of the best running shoes in the world. You'll find all the best brands here, like On Running, Brooks, Asics, Hoka, and more! Our well-trained, friendly staff can help you find the right footwear, clothing or accessories you need. We offer a free videotaped gait analysis to help you determine exactly the correct type of shoes for your type of feet and the way you walk or run.

## ALL YOU NEED TO KNOW

- We **STRONGLY** advise you to pick up your race packet in advance to avoid lines on race day morning.
- **PRE-RACE PACKET PICK-UP INFO:**
- **DATE and TIME:** Friday, August 30th 2024 - TIME: 2 pm - 7 pm EST
- **LOCATION:** Fit2Run Tampa: 2223 N Westshore Blvd, Space B230, Tampa, 33607 ([website](#)) Call: +1(813) 873-2786  
[Click for Directions>>](#)
- **\*\*\* PLEASE BRING A PHOTO ID/PASSPORT** to show staff to pick up your packet
- **\*\*\* PLEASE BRING YOUR CONFIRMATION EMAIL WITH THE QR CODE.** The QR code is specific to you and will ensure the proper bib is given
- Please bring your ID, and the Email with the QR Code to pick up your packet and be prepared to show it to the volunteer staff that will be distributing the race materials.
- **\*\*** If you cannot attend, a family member or friend can pick up the packet on your behalf if you provide them with a Picture of your ID. Also forward that person the Confirmation email with the QR Code.
- **\*\*\*** Please note... The Timing Chip is attached to the back of the bib. Do not remove it.

**Please remember to wear your Bib! No Bib... No Run Time... No Bacon (Bacon is for registered runners with a bib only)!**

## ADDITIONAL QUESTIONS??

Please reach out to us [kevin@americanbaconrace.com](mailto:kevin@americanbaconrace.com)



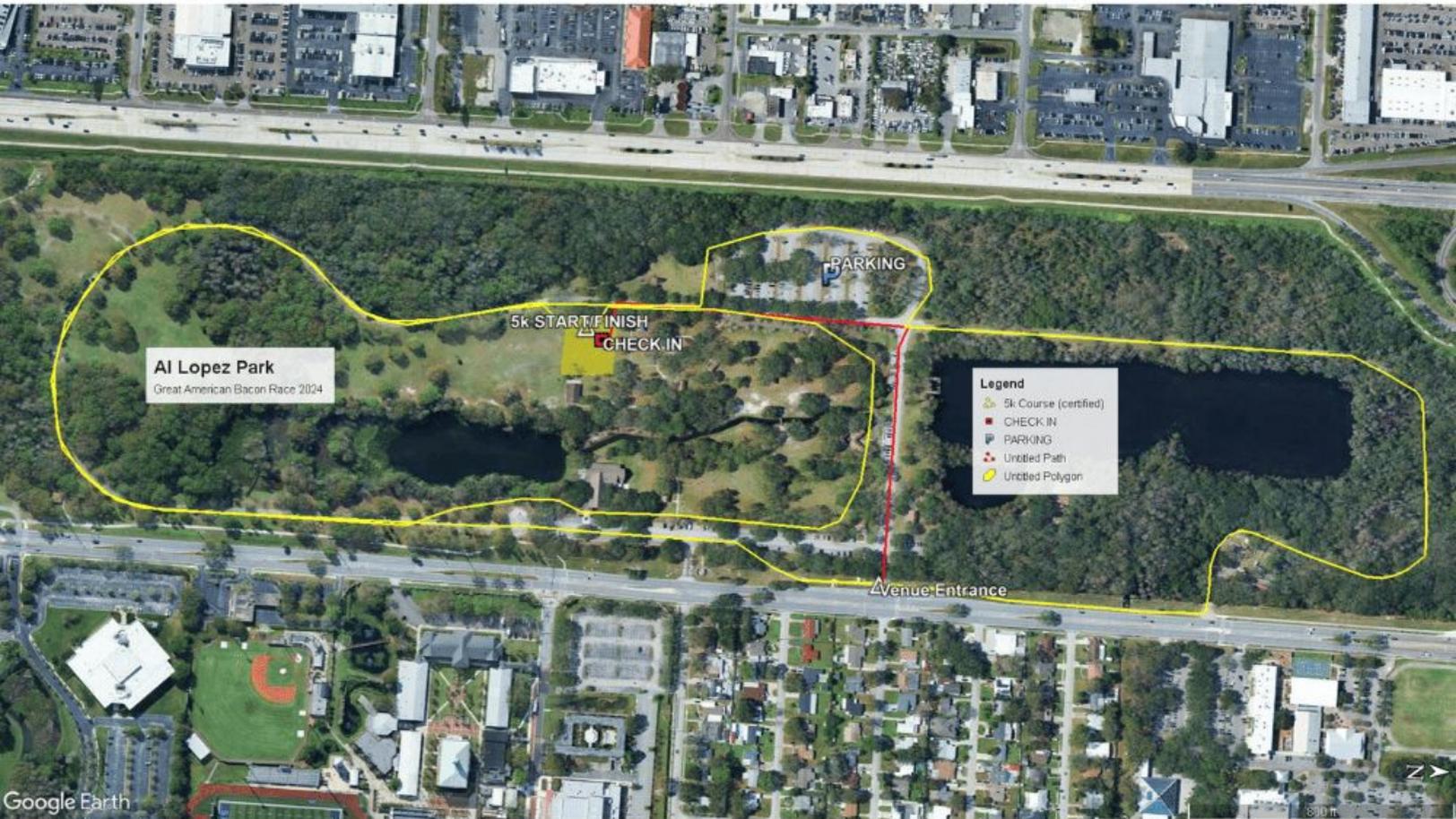
# COURSE MAP:

PLEASE NOTE, THIS IS A TWO LOOP (USATF) COURSE

## THE GREAT AMERICAN BACON RACE



### AL LOPEZ PARK: TAMPA 2024



#### THANKS TO OUR EVENT PARTNERS



# FREE BACON AND YOU'RE SUPPORTING A GREAT CAUSE!

Join us at the Great American Bacon Race and make a difference! Indulge in a sizzling bacon-filled day while knowing that a portion of all proceeds goes to NVEEE, our Anti-Bullying charity. Together, let's fight against bullying and support a great cause. Register now and be a part of the change!

[www.NVEEE.org](http://www.NVEEE.org)



## EVENT SPECIFICS

### **Cancellations and Participant Transfers**

We want to ensure that your experience with us is as smooth as possible, which is why we kindly request that any transfers of your race entry be made no less than 10 days before the event. This allows us to accommodate changes efficiently and ensure the best experience for all participants. Email [Kevin@americanbaconrace.com](mailto:Kevin@americanbaconrace.com)

### **Weather**

Generally speaking, we won't cancel the event for a rainy, wet day. However, lightning, tornadoes, strong winds, and flooding may provide cause for delays or cancellation. Pay attention to your inbox or to the [Bacon Race Facebook page](#) for updates.

## CONTACT US/BE SOCIAL

### **How to Find Us**

We are not hard to find, and we do our best to keep you informed through our Facebook/IG and Twitter (X) pages. If you haven't already, please "like" and "follow" us for future updates and happenings at [The Great American Bacon Race](#).

Email: [kevin@americanbaconrace.com](mailto:kevin@americanbaconrace.com)



Thank you! We look forward to seeing you at The Great American Bacon Race!

